

# Legal Agreement with Dr. Patricia G. Thomas

It has been explained to me/us that for psychological counseling or psychotherapy to be at all helpful to individuals, couples, or families, all the participants in the counseling or psychotherapy sessions need to be free from any fear that what they or others may say in the sessions will be revealed outside the sessions, or used in any other way against them, especially in any litigation arising from marital or family disputes or divorce.

The undersigned acknowledge(s) that they have entered into psychological treatment with Patricia G. Thomas, Ph.D. with the voluntary (and mutual) agreement that anything said, revealed or discovered in the sessions with Dr. Thomas, or in any other communication with Dr. Thomas, will not be disclosed outside the sessions. The undersigned further agree and represent that Dr. Thomas will not be called by the undersigned, any member of the family, or their attorneys, or any other representative, to provide records, information, or testimony about anything discussed, disclosed, or discovered in the sessions. The undersigned agree they will not authorize the release of records, notes or information about anything discussed, disclosed or discovered in the sessions to any third party for litigation purposes. The undersigned further represent that in the event they enter into a legal action they will not authorize the release of, or subpoena of, records, information or testimony about anything discussed, disclosed or discovered in the sessions.

The undersigned further agree(s) that if expert testimony is required, that a psychologist or expert not involved in this treatment will be used to advise the Judge. To preserve the integrity of the therapeutic process it is agreed that neither Dr. Thomas nor her records or notes shall be subject to subpoena by either Participant or anyone acting on either Participant's behalf in the event that this matter proceeds to litigation. Each Participant makes this covenant with the other as a condition of your agreement with each other to enter joint counseling. Each of you also makes this covenant to Dr. Thomas to induce her to serve as the therapist. The Participants understand that a court may or may not adhere to this agreement. In the event that Dr. Thomas is compelled or ordered by a court to furnish records, information, or testimony, the undersigned agree to hold Dr. Thomas harmless for any consequences of any use of her records, information, or testimony made by the Judge, the attorneys, or any parties to the court proceeding.

Participants agree to be responsible for any costs (including attorney fees) which Dr. Thomas might incur in order to prevent noncompliance with this agreement, or to deal with or appear before the court, which costs include her time and her attorney's time to resist a subpoena, and if unsuccessful, to comply with a subpoena. All Dr. Thomas's time related to such an event will be compensated at the rate of \$400 per hour. The party requesting, or causing the request of, such records, information, or testimony, agrees to compensate her for preparation time, travel time, waiting and testifying time, and any other time spent related to the court proceeding, at the rate of \$400 per hour. If the court itself makes the request, the parties signing below agree that they shall share equally the fee therefore, unless otherwise ordered by the court.

Relevant to the new 'No Surprises' act, I understand that Dr. Thomas is not a participating provider in my insurance network and that my insurance does not directly cover her charges. I also understand that It is not possible to predict how many sessions will be required to achieve my goals in Psychotherapy and it is, therefore, impossible to estimate what the final cost of psychotherapy will be. I acknowledge, that Dr. Thomas has told me the fee per hour that I will be charged.

In signing this, I have read, understand, and agree to the terms above.

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_